

Wellbeing at
January 2019

Wellbeing at Wildside

Come and enjoy the peace and quiet at our lovely canal side centre.



Relax, take part in natural art and craft activities and make new friends.



Tuesdays
2pm - 3.30pm
from 2nd
October
(excluding
school
holidays)
£2 per
session
Free for
carers

These sessions are designed for anyone with long term health needs, physical or learning difficulties.

Come on your own or with a carer.

FIND OUT MORE

01902 572240
info@wildsideac.co.
uk

Wildside Activity Centre
Hordern Road, Whitmore Reans,
Wolverhampton WV6 0HA

